



Family Shelter Service 5K Walk/Run Registration

First Name: _____ Last Name: _____

Gender: Male _____ Female _____

Birthday: MM ___ DD ___ YYYY _____

Email: _____

Day Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

- 5K Walk or Run \$25.00
- 13 or younger \$15.00 (Five and under Free)
- I would like to participate in the "Golden Shoe Award" by "walking 1 mile in her shoes" (high heels)
Men's shoe size _____
- My T-shirt size is ___ M ___ L ___ XL ___ XXL (No T-Shirt guaranteed after September 24th)
- I am unable to attend, but would like to support the efforts of Family Shelter Service with the enclosed donation in the amount of \$ _____

Enclosed is my check for \$ _____ Bill my ___ Visa ___ MasterCard

Credit Card # _____ Expiration date _____

Cardholder's signature _____

Please make checks payable to Family Shelter Service. Contributions are tax deductible to the extent allowed by law.
Mail to: Family Shelter Service, 605 E. Roosevelt Road, Wheaton, IL 60187

register online at
active.com

October Domestic Violence Awareness Month

Join us in taking steps to help victims of domestic violence. Family Shelter Service is holding our second annual 5K Walk/Run on Sunday, October 5, 2008, 8:00 a.m. at Downers Grove North High School (Sherman & Prince Streets). Arrive at 7:30 a.m. to sign in. October is Domestic Violence Awareness Month, and this is the perfect opportunity to demonstrate by your participation that our community will not tolerate or accept violent behavior.

For those brave men willing to literally "walk a mile in her shoes," the event features the Golden Shoe Award, given to any man who agrees to walk the course in women's shoes. For those guys whose feet do not match their good intentions, their own shoes will be returned to them at the ¼ mile mark for a mere \$10 donation.

You can help by walking or running in our event, providing sponsorship, giving a donation of money/supplies, or volunteering your time.

Who is Family Shelter Service?

Family Shelter Service provides a range of services to victims of domestic violence and their children in DuPage County. Our 24-hour crisis hotline makes these services instantly accessible. Three shelter locations, with a total capacity for 43 women and children, offer safe refuge for up to six months. For those families and individuals who do not require the immediate safety of shelter, individual and group counseling are offered at our community counseling facility in Wheaton and at our satellite office at Good Samaritan Hospital. Services to children are specifically designed for their needs and are offered in both our shelter and community counseling programs. Our Court Advocacy Program provides assistance and support to abuse survivors seeking safeguards provided by the judicial system. Family Shelter also plays a vital role in raising community awareness, providing education and information and engaging the community in a dialogue about how best to address this devastating societal issue.

605 E. Roosevelt Road
Wheaton, IL 60187
www.familyshelterservice.org